

פרשת תזריע-מצורע

April 28, 2017



Spotlight on Yanky...

Our dear friend **Yanky** is a very spiritual and uplifting person. His smile is contagious and has those around him smile back!!! Yanky recently wrote an expressive paragraph that he would like to share:

"I have been going to Otsar for the past twelve years. These have been the best twelve years of my life. I love keeping busy with all the fun activities that I do at Otsar. I am so grateful to my social worker, Dena who helped me transfer to Otsar's day hab program.

My favorite activity at Otsar is learning. I enjoy the davening as well. I assist people at a rehabilitation center called Haym Solomon and help to collate and staple the Otsar newsletters.

I appreciate the kind and caring staff that help me at Otsar every day. I also enjoy being with all the participants at the day hab. They have been my friends for a long time. My life is wonderful with Otsar in it."

Yanky's famous words for all of us to live by "BE HAPPY!"

Arts and Crafts with Hindy...

Now that all our Pesach projects were complete and put to good use over the holiday, this Monday, we resumed with our tissue box craft. To complete a sofa look as the cover of the tissue boxes, we made sure all the materials were tacked on well and the sofa borders were pasted on straight. With **Hindy's** help, we made nice looking sofa pillows and there you have it....a comfy couch!!!

With much time left in our arts and crafts session, Hindy provided us with a creative ice cream magnet craft. We took square black magnets and covered them with white labels. Hindy gave us a few white cupcake holders to stack one on



top of the other and paste onto the magnet. We chose colored construction paper to crumble and look like ice cream sitting in the cupcake holders and of course, colored cotton ball as the cherry on the top. We all were able to design the outside of the cupcake holders by lightly brushing a colored marker along the holder's folds. The craft appeared nice and delicious!!!! Quietly, in the back of the arts and crafts room, we caught a glimpse of Hindy's wheels turning as she began working on our Shavuos project...stay tuned!!!

Revival of the Plants...

Spring has arrived, the rain keeps falling and flowers are starting to bloom outside. But, inside Otsar day hab, a lot of water has been flowing as well... into the plants we mean!!! One day this week, a group of us went to purchase bags of soil. We combined some of the new soil with the soil in the pots adding much needed nutrients for the plants to stay healthy. This took time since we have many different plants aligned in the main room. We then proceeded to give the plants just enough water. As the sun continues to pop out from behind the clouds and become warmer outside, we will take our planting expertise back into thriving our outdoor garden.



Spring Fever...

The excitement of the spring season crept its way from the main room with the planting, to the back room with the organizing. Staff efficiently took charge with participants to categorize and organize our craft closets, labeling clear containers and stacking them neatly on shelves. **Chayala, Roger** and **Adele** joined together to sort out a bag full of various wooden shapes. The pieces were divided in groups by the shapes, design and color and then sealed in zip locked bags. The group had great conversations regarding the pieces they found and of course on other interesting topics as well. Most of the closets were complete with some adjustments needed. The restoration of the closets is under way and will be an ongoing mission to keep them neat!!!





Otsar Fitness...

We wasted no time after our recent vacation to make our way back into our fitness room on to the treadmill and exercise bike. Staying healthy and energized is a priority at Otsar and we are happy to keep up with our goal. **Harold** told us how he felt his muscles stretching while pedaling on the bicycle and **Shoshana** seemed to be happy motioning her arms back and forth while walking on the treadmill. **Adele** astonished staff as she figured out how to change the virtual screen on the treadmill. Adele readied herself to walk along the virtual nature path as she independently chose the path to take and the miles to go!!!



Community Outing...

On Wednesday, a morning activity group ventured on a tour of one of Brooklyn's Chinese communities. While on the bus, the group learned about the Chinese culture and how over a short time, the Chinese population in Brooklyn grew tremendously. The bus stopped and **Sasha, Bracha, Harold** and **Eddie J.** went off with staff to explore the Chinese neighborhood. They were mesmerized by the large Chinese signs and the amount of fruits and vegetable stores there were. The group discussed how healthy Chinese people are eating many exotic foods to include dried produce. The group had an educational and fun experience!!!



Gerber Melodies...

As a special Rosh Chodesh event, on Wednesday, **Mr. Reuvain Gerber** entertained us with his wonderful tunes. **Mr. Gerber's** music brings us in unison with singing and dancing to favorite songs. A musical train appeared with our participants on board and passed the bystanders while moving through the room. We sat down a few times while soft melodies played. Mr. Gerber told us when it was time for musical chairs as people requested lively songs to march around the chairs. Only a few left standing until it was just **Lila** and **Rena**. And the runner up was Lila and the winner was....Rena. Thank you Mr. Gerber for another grand time!!!

